



# Personality Theories

By Barbara Engler

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The Ninth Edition of PERSONALITY THEORIES continues to provide thorough coverage enhanced with helpful learning aids, opportunities for honing critical thinking skills, and integration of multicultural and gender-related issues. Each chapter focuses on one theory or group of theories and includes brief biographies that shed light on how the theories were formed. The author also provides criteria for evaluating each theory and cites current relevant research. A final chapter on Zen Buddhism covers a major non-Western theory of personality and serves to distinguish this program in the field. Available with InfoTrac Student Collections <http://goengage.com/infotrac>.

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### Review

1. Introduction: Evaluating Personality Theories. Part I: THE PSYCHOANALYTIC APPROACH. 2. Psychoanalysis. Part II: THE NEOPSYCHOANALYTIC APPROACH. 3. Analytical Psychology. 4. Interpsychic Theories. 5. Psychoanalytic Social Psychology. Part III: MORE RECENT TRENDS IN PSYCHOANALYTIC THEORY. 6. Ego Analytic Psychology. 7. Human Relations. Part IV: BEHAVIOR AND LEARNING THEORIES. 8. Experimental Analysis of Behavior. 9. Social Learning Theories. Part V: DISPOSITIONAL AND BIOLOGICAL THEORIES. 10. Traits and Personology. 11. Factor Analytic, Genetic, and Evolutionary Theories 12. Biological Traits. Part VI: HUMANISTIC AND EXISTENTIAL THEORIES. 13. Humanism. 14. Existential Psychoanalysis. Part VII: COGNITIVE THEORIES. 15. Personal Constructs. 16. Cognitive-Behavioral Theories. Part VIII: A NON-WESTERN APPROACH. 17. Zen Buddhism. CONCLUSION: Personality Theory in Perspective. GLOSSARY. REFERENCES. INDEX. PHOTO CREDITS.

### About the Author

Barbara Engler was a professor of psychology at Union County College in Cranford, New Jersey, where she taught the undergraduate personality theory course for 25 years. She received her Ph.D. in clinical psychology from Drew University in 1969. Dr. Engler has taught at Fairleigh Dickinson and Seton Hall Universities and has contributed articles and reviews to such publications as the Journal of Personality and Social Psychology and Contemporary Psychology.

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