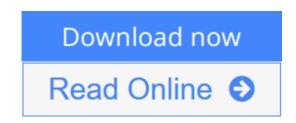


## Fast Food Maniac: From Arby's to White Castle, One Man's Supersized Obsession with America's Favorite Food

By Jon Hein



Fast Food Maniac: From Arby's to White Castle, One Man's Supersized Obsession with America's Favorite Food By Jon Hein

The beloved personality from *The Howard Stern Show* celebrates American fast food, exploring the history and secret menu items of both national and regional chains, ranking everything from burgers and fries to ice and mascots, and offering his own expert tips on where to go and what to order.

Jon Hein is the ultimate fast food maniac, and in this book he draws on his extensive knowledge of, and love for, both nationwide chains and regional gems, from McDonald's and KFC to In-N-Out Burger and Carvel. He digs into their origin stories; reveals secret menu items; includes best lists for everything from fried chicken and shakes to connoisseur concerns such as straws and biscuits; takes a nostalgic look back at the best giveaways, slogans, and uniforms; and even provides a battle-tested drive-thru strategy. With behind-the-counter looks at places like the Dunkin' Donuts headquarters and Nathan's original hot dog stand, *Fast Food Maniac* is the definitive, cross-country guide to some of America's best-loved guilty pleasures.

From the Trade Paperback edition.

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#### **Editorial Review**

#### Review

"Jon and I have been on-air partners for ten years. We have traveled the country together and I promise you...this man KNOWS fast food."

-- Gary Dell'Abate, New York Times bestselling author of They Call Me Baba Booey

#### About the Author

Jon Hein is a regular on The Howard Stern Show and host of The Wrap-Up Show. An avid consumer of pop culture and fast food, he is the author of Jump the Shark and was the host of Fast Food Mania on Discovery TV. He lives with his family in New York.

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