



Crystal Healing & The Human Energy Field A Beginners Guide

By Mrs Marion McGeough

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This book is about energy and vibrations and is ideal for those who are beginning to learn about the human energy field. There is a chapter on the aura, a description of the layers of the aura, as well as how to heal the aura with crystals if it is damaged. The section on crystals details how to select, cleanse and care for your crystals. For those who are reiki practitioners, there is information on how to programme crystals using reiki. There is a step by step guide on how to heal with crystals using the chakra system. To get you started the author has included information on several crystals which may be used for healing each chakra. There is also a section on vogel wands, and when and how to use them.

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Editorial Review

About the Author

Marion McGeough is a Reiki Master, Psychotherapist and Hypnotherapist. Founder of the British Academy of Reiki, she teaches Reiki in Sutton Coldfield, West Midlands and Ashby de la Zouch, Leicestershire and is currently working on a series of hypnotherapy CDs due for release in the coming months. She lives in the Midlands with her husband, 3 dogs and two cats.

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