

# Calm Trader: Win in the Stock Market Without Losing Your Mind

By Steve Burns, Holly Burns



**Calm Trader: Win in the Stock Market Without Losing Your Mind** By Steve Burns, Holly Burns

# Win in the Stock Market without Losing Your Mind

Learn how to identify and overcome mental challenges that could be limiting your trading success.

# Benefit from someone with more than 20 years experience

Steve has done the research so you don't have to. Each of these fourteen principles are part of what has made him successful for more than two decades.

## Avoid stress and make money

These principles will help you build a strong trading foundation and keep you from succumbing to stressful situations that will cost you money.

## Principles to help you overcome stressful situations

This book is not just about principles. It provides actionable exercises that will change the way you live and trade.

# In this book you will learn:

- 1. To identify stressful situations that may be costing you money
- 2. How to deal with these situations in a productive way
- 3. To profit more and stress less

# Become a calm trader

Don't run the risk of ruin by ignoring these important stock market principles. Learn to win in the stock market and save your sanity!

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#### **Bibliography**

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