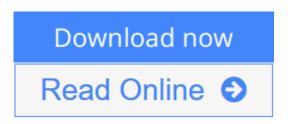


A View from the Cosmic Mirror: Reflections of the Self in Everyday Life

By Gary Gemmill Ph. D., George Kraus Ph. D.



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All of us have hidden parts within us. These are the things about ourselves that we do not see-our haunting darkness and our illuminating light. We often hide from our own flaws. But we also can hide from our own undeveloped talents and vital spirit. Most of us would like to discover a more whole and complete self. To do this, we must clearly see the accurate reflection of ourselves in the people and objects around us. What it takes is to discover our unseen but true reflection in the cosmic mirror. Come join us. Begin your journey down a new path. In this fascinating self-empowerment guide, coauthors Gary Gemmill, Ph.D. and George Kraus, Ph.D. provide a template for our transformation and growth. One of the most important books of our generation. "In a word, powerful. Clearly illustrates the profundity and absurdity of our relationships with others. Takes the reader beyond the polarities of our conflicts with others to a place of renewal and hope for a more unified and peaceful world." - Philip Lichtenberg, Ph.D., Director of the Gestalt Therapy Institute of Philadelphia and author of Encountering Bigotry: Befriending Projecting Persons in Everyday Life

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Editorial Review

Review

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"Insightful and articulate, A View from the Cosmic Mirror is a rich and enlightening pathway to look more deeply at ourselves and others. Gary and George's inspiring examples and stories help us all." -- Peter Lichtenberg, Ph.D., Director of the Institute of Gerontology at Wayne State University

"I am so on board with what you are saying in A View from the Cosmic Mirror. This book is for every one of us! It explains in plain language some of the most profound mysteries to understanding our deeper self. I learned in new ways how to uncover my own blind spots and become more whole, just by looking more closely at my experiences with others. Thank you for giving me some simple yet profound tools for becoming a more complete person." -- Katherine Lewis, Psy.D., Clinical Psychologist

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