



The Recipe Hacker: Comfort Foods without Soy, Dairy, Cane Sugar, Gluten, and Grain

By Diana Keuilian

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Break the recipe code for your favorite foods! Free of grains, gluten, dairy, cane sugar, and soy, The Recipe Hacker is a mouthwatering collection of your favorite comfort foods with a healthy twist. Learn to use easy ingredient substitutions to transform traditional dishes into real, healthy comfort food masterpieces, without sacrificing any of the flavor! Enjoy healthier, whole-food versions of Key Lime Pie Crispy Orange Chicken and Banana Pancakes Step-by-step photos, dozens of recipes, and delicious flavors will keep you coming back for more. Enjoy all the comfort foods you crave and keep your body (and skinny jeans) happy at the same time!

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- Sales Rank: #93848 in Books
- Brand: Cedar Fort
- Published on: 2014-12-09
- Original language: English
- Number of items: 1
- Dimensions: 8.90" h x .50" w x 8.00" l, .0 pounds
- Binding: Paperback
- 200 pages

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Editorial Review

Review

Love love love this book! The pesto, the cheesy crumbles and cheese spread were the first recipes I tried - delicious, quick and avoids ALL major allergens. Get your copy ASAP! --Amazon

Hands down the best cook book I have ever purchased. The step by step process Diana gives are a game changer. The meals are delicious, healthy and the whole family loves them! Definitely get this book you will not regret it! --Amazon

I love all the recipes from Diana. I originally used quite a few from the ones online and decided to get the book. I made the chocolate cake on this book and oh my, so good!! I know what is in it and it is good!! Easy to follow! --Amazon

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Frances Savage:

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Reinaldo Downs:

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