

Teaching Today's Health, Seventh Edition

By David Anspaugh, Gene Ezell



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Teaching TodayUs Health balances a strong foundation of health methods theory with a wealth of activities to give readers the tools they need to become successful health educators. In addition to an enhanced design and photo program, the **Seventh Edition** has been thoroughly updated to reflect current health issues such as violence and questions about terrorism. New features like Teaching in Action boxes and suggested grade levels for each activity help readers create a curriculum for their own K-8 classroom. **KEY TOPICS** The bookUs comprehensive coverage includes topics such as mental health, personal health, family life, and substance abuse. A dynamic new website includes chapter quizzes and weblinks for additional review. For college instructors, students, or anyone interested in health and wellness.



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Teaching Today's Health, Seventh Edition By David Anspaugh, Gene Ezell Bibliography

Sales Rank: #1213400 in BooksBrand: Brand: Benjamin Cummings

Published on: 2003-06-27Original language: English

• Number of items: 1

• Dimensions: 9.50" h x 1.40" w x 7.71" l, 3.38 pounds

• Binding: Hardcover

• 850 pages

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