



Probiotics - Protection Against Infection: Using Nature's Tiny Warriors To Stem Infection and Fight Disease

By Case Adams

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Revised in 2016 - We are surrounded, inside and out, by bacteria, viruses, fungi and other microbes. Meanwhile, the spread of infectious microorganisms has threatened millions during recent pandemics. More worrisome has been news that dangerous bacteria are becoming resistant to antibiotics. Is there any hope in winning the war against infectious disease with this growing legion of microbial threats? In "Probiotics - Protection Against Infection" we find clear evidence for probiotics' ability to directly engage and defeat infectious microorganisms. We find new clinical proof of probiotics' ability to specifically boost the immune system while under attack. Here we find the scientific facts separated from the hype and the myths; and the amazing discovery that we can fight fire with fire, as long as we properly arm ourselves with the correct strategies for achieving and nurturing strong probiotic colonies.

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Editorial Review

Review

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I wish this book had been out back in 2008 when I was looking desperately looking for and needing this information.. since I still needed it, I am glad it arrived. This book has so much invaluable information. Some of the physiological blood, body chemistry information went over my head, but there is so much information in this book that this aspect is minor. This high tech information makes this book very fascinating for another type of reader with a different type of background. So anyone who is interested in having information about bacteria, whether the self seeking health oriented person looking for personal solutions to their own dysfunctions or the professional seeking information to help clients. This book is excellent. This is one of my bookshelf reference books that I will keep for the rest of my life --By Seaglass on 14 January 2012

Lots of useful information on individual strains. It has exactly what I have been looking for. The book will be helpful for lay people as well as health professionals --By Olga Beliak on 7 December 2012

About the Author

The author is a California Naturopath and holds a Ph.D. in Natural Health Sciences. His books are focused upon science-based natural health solutions.

"People look to natural solutions because many of those presented by conventional medicine are not sustainable due to side effects and/or damage to the environment. My objective is to separate hype from reality. To accomplish this, I present the clinical evidence and scientific research on natural healing methods together with their historical use. I seek to empower the reader with the facts, enabling wise health decisions."

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