



Cravings: Recipes for All the Food You Want to Eat

By Chrissy Teigen, Adeena Sussman

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Cravings: Recipes for All the Food You Want to Eat By Chrissy Teigen, Adeena Sussman

Maybe she's on a photo shoot in Zanzibar. Maybe she's making people laugh on TV. But all Chrissy Teigen really wants to do is talk about dinner. Or breakfast. Lunch gets some love, too.

For years, she's been collecting, cooking, and Instagramming her favorite recipes, and here they are: from breakfast all day to John's famous fried chicken with spicy honey butter to her mom's Thai classics.

Salty, spicy, saucy, and fun as sin (that's the food, but that's Chrissy, too), these dishes are for family, for date night at home, for party time, and for a few life-sucks moments (salads). You'll learn the importance of chili peppers, the secret to cheesy-cheeseless eggs, and life tips like how to use bacon as a home fragrance, the single best way to wake up in the morning, and how not to overthink men or Brussels sprouts. Because for Chrissy Teigen, cooking, eating, life, and love are one and the same.

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Bibliography

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Editorial Review

Review

"Even the most celebrity-cookbook-skeptical reader will find it hard not to enjoy this tome from supermodel Chrissy Teigen. With self-deprecating wit and down-to-earth charm, Teigen posits herself as an enthusiastic home cook and passionate eater." --*Publisher's Weekly*

"Chrissy Teigen's *Cravings* is a cookbook with realistic recipes for people who like it "spicy, salty, sticky, crunchy, juicy, oozy," and if you have some kind of prejudice against supermodels who unabashedly love Taco Bell, there's nothing I can do to help you. It's fun to read, with a recipe for everyone with two eyes, a stomach, and a fork. Frito pie? A chapter called "Sh*t on toast"? Absurd sexy photo shoots with chicken wings? What's not to love? I didn't even mention the bulldogs yet. If there's one thing we can all learn from Teigen, it's not to judge a cookbook by its cover." -- *Bon Appetit*

"Maybe the best celebrity cookbook of all time."-- *SELF*

"*Cravings* is a perfect cookbook... it's a must-buy—never daunting, and filled with near-pornographic images of hearty, meaty, cheesy food that would make Gwyneth Paltrow explode. As a culmination of everything Teigen has built over the past few years, it's brilliant." – *Jezebel*

"*Cravings*... lives up to the hype 100 percent."-- *PopSugar*

"We love this cookbook. It's full of things we actually want to eat." -- *Refinery 29*

"[*Cravings*] is dripping with energy and enthusiasm and, most of all, joy. Do not discount the value of joy. It's far too rare in food writing, and I know professionals who could learn a thing or two about joy from Teigen." -- *Epicurious*

"Teigen is notoriously funny, and her sense of humor comes through here, as does her self-awareness — she tackles the issue of credibility early and often, always presenting herself more as a cooking enthusiast than as an expert." -- *Eater*

"When was the last time you laughed out loud at a cookbook? So long ago you can't remember, which is enough of a reason to give Chrissy Teigen's first book a spin. But it's the recipes that'll keep you coming back." -- *Saveur*

About the Author

CHRISSEY TEIGEN is known as many things--*Sports Illustrated* swimsuit cover model, star of Instagram and Twitter, TV personality--but her real passion is food. Teigen has starred in a Cooking Channel special and the MTV show *Snack-Off*.

Users Review

From reader reviews:

Joan Jackson:

This Cravings: Recipes for All the Food You Want to Eat book is not really ordinary book, you have after that it the world is in your hands. The benefit you obtain by reading this book is usually information inside this e-book incredible fresh, you will get details which is getting deeper you read a lot of information you will get. This Cravings: Recipes for All the Food You Want to Eat without we understand teach the one who examining it become critical in contemplating and analyzing. Don't become worry Cravings: Recipes for All the Food You Want to Eat can bring once you are and not make your bag space or bookshelves' become full because you can have it within your lovely laptop even mobile phone. This Cravings: Recipes for All the Food You Want to Eat having great arrangement in word and also layout, so you will not really feel uninterested in reading.

Joshua Mack:

Reading a guide tends to be new life style with this era globalization. With reading you can get a lot of information that can give you benefit in your life. Together with book everyone in this world could share their idea. Textbooks can also inspire a lot of people. Lots of author can inspire their very own reader with their story or even their experience. Not only the storyline that share in the guides. But also they write about the ability about something that you need instance. How to get the good score toefl, or how to teach your kids, there are many kinds of book that you can get now. The authors nowadays always try to improve their skill in writing, they also doing some exploration before they write for their book. One of them is this Cravings: Recipes for All the Food You Want to Eat.

Mary Nixon:

Playing with family inside a park, coming to see the water world or hanging out with close friends is thing that usually you will have done when you have spare time, and then why you don't try matter that really opposite from that. One activity that make you not feeling tired but still relaxing, trilling like on roller coaster you have been ride on and with addition of knowledge. Even you love Cravings: Recipes for All the Food You Want to Eat, you may enjoy both. It is good combination right, you still need to miss it? What kind of hangout type is it? Oh come on its mind hangout men. What? Still don't get it, oh come on its called reading friends.

Michael Thompson:

This Cravings: Recipes for All the Food You Want to Eat is fresh way for you who has interest to look for some information given it relief your hunger associated with. Getting deeper you upon it getting knowledge more you know or else you who still having little bit of digest in reading this Cravings: Recipes for All the Food You Want to Eat can be the light food for you because the information inside this book is easy to get simply by anyone. These books produce itself in the form which can be reachable by anyone, yes I mean in the e-book application form. People who think that in guide form make them feel tired even dizzy this guide is the answer. So there is no in reading a e-book especially this one. You can find actually looking for. It should be here for you actually. So , don't miss it! Just read this e-book kind for your better life and also knowledge.

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