



# Addressing Cultural Complexities in Practice: A Framework for Clinicians and Counselors

*By Pamela A. Hays*

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## **Addressing Cultural Complexities in Practice: A Framework for Clinicians and Counselors** By Pamela A. Hays

A guide for therapists, designed to help them understand the multiplicity of cultural influences that work to form each of us. Pamela A. Hays offers the "ADDRESSING" framework for helping readers understand identity as a multidimensional combination of Age, Developmental and acquired Disabilities, Religion, Ethnicity, Socioeconomic status, Sexual orientation, Indigenous heritage, Native origin, and Gender. The book should be useful to counsellors, clinicians, and any professional working with clients from a variety of diverse backgrounds.

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