



The New Father: A Dad's Guide to the First Year

By Armin A. Brott

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How can you become an effective, involved father when you see your baby only briefly after work? What is the best way to start saving for your child's college education? The answers to these questions and hundreds more are found on the pages of this easy-to-follow, information-packed volume. Author Armin Brott devotes a chapter to each month of the first year. In each chapter he charts the physical, intellectual, verbal, and emotional changes the child is going through, and examines the emotional and psychological development the father may experience. He also covers such general parenting issues as coping with crying, finding quality child care, and understanding changes in the relationship with one's partner. This new edition features the latest research on many topics, from what's going on at the hospital right after childbirth to what a dad can do when his partner is having trouble breastfeeding, to advice for dads in the military and others who are separated from their kids. More information on preemies, twins, and triplets has been added, along with advice for divorced and renewed dads. The resources section and bibliography are considerably expanded. Illustrated throughout with *New Yorker*-style cartoons that underscore the joys and woes of parenting, *The New Father* is an essential sourcebook for every dad. It is sure to give moms fresh insights as well.

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