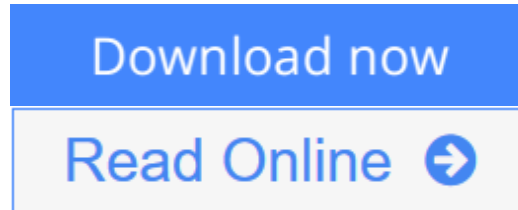




The Adolescent Psychotherapy Treatment Planner: Includes DSM-5 Updates

By Arthur E. Jongsma Jr., L. Mark Peterson, William P. McInnis, Timothy J. Bruce




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The bestselling treatment planning system for mental health professionals

The Adolescent Psychotherapy Treatment Planner, Fifth Edition provides all the elements necessary to quickly and easily develop formal treatment plans that satisfy the demands of HMOs, managed care companies, third-party payors, and state and federal agencies.

- New edition features empirically supported, evidence-based treatment interventions including conduct disorder, substance use, low self-esteem, suicidal ideation, ADHD, and eating disorders
- Organized around 36 behaviorally based presenting problems, including peer/sibling conflict, school violence, sexual abuse, and others
- Over 1,000 prewritten treatment goals, objectives, and interventions—plus space to record your own treatment plan options
- Easy-to-use reference format helps locate treatment plan components by behavioral problem
- Includes a sample treatment plan that conforms to the requirements of most third-party payors and accrediting agencies including CARF, The Joint Commission (TJC), COA, and the NCQA

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Editorial Review

From the Author

As the Senior Author and Series Editor, I am pleased to announce that the new editions of our Treatment Planners have been released. We have been working on them as a team of authors for over two years. I am indebted to my coauthors who have deep expertise in the clinical field addressed in each Treatment Planner. Dr. Tim Bruce, especially, has brought his wide knowledge base in Evidence-based Practice to bear on several of our Planners. Each Planner has, of course, been updated with the new DSM-5/ICD-10 codes, but beyond that there are several other improvements in the latest books. I believe you will find this expanded and revised edition is a significant step forward in being a resource for finding a menu of succinctly written statements describing Interventions to help you help your client recover. Allow me to list the new material you will find in our latest attempt to help you write clinically sound and complete treatment plans:

- 1) The latest research-supported, evidence-based Interventions
- 2) Updated and expanded bibliotherapy references as well as research related references for each chapter topic
- 3) A new Appendix which provides written Objectives and Interventions that capture the essential theme of the ten Core Principles of the SAMSHA-endorsed Recovery Model
- 4) A new Suggested Diagnosis section in each chapter that provides a helpful transition from DSM-IV/ICD-9 to the newly listed DSM-5/ICD-10 diagnostic codes and labels
- 5) A more complete integration of suggested Homework Exercises in each chapter to support Interventions
- 6) A set of Objectives and Interventions added to each chapter to assist in assessing specifiers relevant to DSM-5 diagnosis

Arthur E. Jongsma, Jr. PhD

From the Back Cover

- Treatment plan components for 36 behaviorally based presenting problems
- Over 1,000 prewritten treatment goals, objectives, and interventions—plus space to record your own treatment plan options
- A step-by-step guide to writing treatment plans that meet the requirements of most accrediting bodies, insurance companies, and third-party payors
- Includes new **Evidence-Based Practice Interventions** as required by many public funding sources and private insurers

PracticePlanners The Bestselling treatment planning system for mental health professionals

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About the Author

Arthur E. Jongsma, Jr., PhD, is the Series Editor for the bestselling *PracticePlanners*®. Since 1971, he has provided professional mental health services to both inpatient and outpatient clients. He was the founder and Director of Psychological Consultants, a group private practice in Grand Rapids, Michigan, for 25 years. He is the author or co-author of over forty books and conducts training workshops for mental health professionals around the world.

L. Mark Peterson, ACSW, is Program Manager for Bethany Christian Services' Residential Treatment and Family Counseling programs in Grand Rapids, Michigan.

William P. McInnis, PsyD, is in private practice with Aspen Psychological Services in Grand Rapids, Michigan. He is coauthor of the bestselling *Child Psychotherapy Treatment Planner* and the *Adolescent Psychotherapy Progress Notes Planner*.

Timothy J. Bruce, PhD, is Professor and Associate Chair of the Department of Psychiatry and Behavioral Medicine at the University of Illinois College of Medicine. He maintains a diverse clinical practice and is active in classroom and clinical teaching as well as educational program administration.

Users Review

From reader reviews:

Terry Sugg:

In this 21st century, people become competitive in every single way. By being competitive today, people have to do something to make themselves survive, being in the middle of the crowded place and notice by surrounding. One thing that occasionally many people have underestimated it for a while is reading. Yeah, by reading an e-book your ability to survive is boosted then having a chance to stay that is high. To suit your needs who want to start reading some sort of book, we give you this specific *The Adolescent Psychotherapy Treatment Planner: Includes DSM-5 Updates* book as a starter and daily reading reserve. Why, because this book is greater than just a book.

James Boyd:

Reading a guide tends to be a new life style on this era of globalization. With looking at you can get a lot of information that can give you benefit in your life. Using books everyone in this world may share their idea. Guides can also inspire a lot of people. A great deal of authors can inspire their particular reader with their story or perhaps their experience. Not only the storyplot that share in the textbooks. But also they write about the ability about something that you need case in point. How to get the good score on toefl, or how to teach children, there are many kinds of books that you can get now. The authors on this planet always try to improve their proficiency in writing, they also do some research before they write the book. One of them is this *The Adolescent Psychotherapy Treatment Planner: Includes DSM-5 Updates*.

Richard Rodriguez:

The Adolescent Psychotherapy Treatment Planner: Includes DSM-5 Updates can be one of your starter books that are good idea. We all recommend that straight away because this publication has good vocabulary which could increase your knowledge in words, easy to understand, bit entertaining however delivering the information. The copy writer giving his/her effort to set every word into enjoyment arrangement in writing The Adolescent Psychotherapy Treatment Planner: Includes DSM-5 Updates nevertheless doesn't forget the main stage, giving the reader the hottest as well as based confirm resource facts that maybe you can be among it. This great information can easily drawn you into completely new stage of crucial considering.

Carl Fox:

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