



The Truest Thing About You: Identity, Desire, and Why It All Matters

By David Lomas, D. R. Jacobsen

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There are true things about us and there are truer things. David Lomas invites readers to move beyond what may simply be true to the truest thing, discovering a real identity in Christ. We are all bundles of competing desires and half-true labels. We carry them around like scars; we carry them around like badges. They tell us we are no more than a job description, relationship status, or appearance. But the most important and truest identity of every Christian is that they are loved, accepted, and created in the image of God. In *The Truest Thing about You*, Lomas addresses head-on the deepest questions of the soul: How can I know the truest thing about me? Not who I wish I was or who others say I am, but who am I really? He guides readers to uncover and embrace the reality of how God sees them - and why it all matters. You will learn to give what your spouse needs most in marriage, and take what you need most in return. Find out:

- How couples fall in and out of love
- Why marital negotiation is so tough
- How to overcome selfish demands
- How to get your spouse to meet your needs
- How to resolve everyday conflicts

By learning to give and take fairly and effectively, you and your spouse can grow in love and compatibility.

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