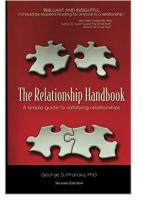
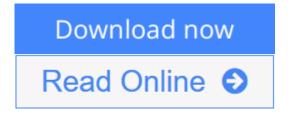
The Relationship Handbook



By Dr. George Pransky Ph.D.



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When couples go to a marriage counselor there are three possible outcomes: (1) they get a fresh start, (2) they stay together and "cope with" a tense or sour marriage, or (3) they separate. Every couple wants the first outcome. They want to have a fresh start and be happy together. If they can't get a fresh start, they will jump to the third choice—separation—because they don't want the second. They have already been coping and are tired of it. Problems and adversity are not the crux of marital discord. All couples face adversity, but it doesn't cause problems for harmonious couples. Couples with satisfying marriages don't "cope" with their lives and with each other. They don't work on their marriages. The strength of their marriages lies not in their ability to cope with their problems, but in their ability to keep their bearings and to stay close. This book shows couples how to do that.

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Editorial Review

Review

"THIS IS THE BEST BOOK ON RELATIONSHIPS I have ever read in over 15 years as a marriage and family counselor. I ask all my clients to read it because Dr. Pransky's book offers new hope and practical help for any couple, no matter what their circumstances." --IRV Brick, M.F.C.C.

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About the Author

Dr. George S. Pransky is a licensed marriage counselor who has worked with couples in a private practice for more than 25 years. He is a clinical member of the American Association of Marriage and Family Counselors and is an adjunct professor of The Academy of Multidisciplinary Practice and is an adjunct professor of the Estate and Wealth Strategies Institute at Michigan State University.

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