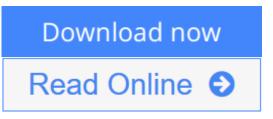


# The Little Book of Letting Go: A Revolutionary 30-Day Program to Cleanse Your Mind, Lift Your Spirit and Replenish Your Soul by Hugh Prather (2000-08-01)

By Hugh Prather; Gerald Jampolsky



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From reader reviews:

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