



Addictive Thinking and the Addictive Personality

By Twerski, Nakken, Abraham J. Twerski

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This is two volumes in one. The first volume, "Addictive Thinking" By Abraham Twerski covers more than a dozen thinking issues related to addiction. The second volume, "The Addictive Personality" by Craig Nakken describes the personality traits associated with addicted individuals.

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