



# NutriSearch Comparative Guide to Nutritional Supplements: Consumer Edition

By Lyle Macwilliam

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Released in 2013, this Fifth Consumer Edition of the NutriSearch Comparative Guide to Nutritional Supplements™ has been completely re-written cover to cover. It includes the most recent and exciting scientific findings on two super-nutrients: Vitamin D and Iodine. Find out why supplementing with these two nutritional powerhouses-neither of which is prevalent in our diet-is vital to your daily health. See how your nutritional supplements compare with others: over 1,220 US and Canadian products examined 18 Health Support Criteria enhanced to accommodate new research findings new Health Support Criterion on Immune Support added Learn about the effects of global nutrient depletion of our foods, and read about the remarkable protective powers afforded by Natural Health Products.

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