



Fresh Food & Ancient Wisdom: Preparing Healthy & Balanced Meals For Your Dogs

By Dr. Ihor John Basko DVM

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Fresh Food & Ancient Wisdom: Preparing Healthy & Balanced Meals For Your Dogs By Dr. Ihor John Basko DVM

As health-oriented people incorporate organic and natural foods into their meal-planning, why not do the same for our beloved dogs? It is widely known that changes in diet, exercise, and lifestyle can improve the quality of human life. Many people today are incorporating organic and natural foods into their diet and are aware of the healing properties of foods. Why treat our dogs differently? In Fresh Food and Ancient Wisdom, longtime veterinarian Ihor John Basko offers a simple guide to improving your dog's health and happiness through balanced diets filled with natural, organic, and fresh ingredients. With more than 35 years of study in animal nutrition and Traditional Eastern Asian Medicine, Dr. Basko is an expert in the area of dog nutrition. Fresh Food and Ancient Wisdom, filled with easy-to-make recipes for all types of dogs in all stages of life, explains why diet change is one of the most important gestures we can make for our pets. Dr. Basko addresses the needs of dogs with specific problems by creating supportive diets through the use of "healing foods" based on Traditional Eastern Medicine food therapy.

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Editorial Review

About the Author

Dr. Basko is an educator and leading authority on holistic animal health. He is one of the founders of the Veterinary Botanical Medical Association. He regularly lectures to veterinarians, animal trainers, and animal caretakers on the use of Holistic modalities in Hawaii, North America, and Asia. Aside from lecturing, he has published many magazine articles, chapters in books and journals, has been a guest on numerous TV and radio shows, and has partnered with supplement company Resources in the development of an herbal and mineral line of products for pets. Dr. B's mission is simple: Provide loving support and healing to pets and their families using the safest and most natural methods. He incorporates an understanding of nutrition with healing principles of Eastern medicine to create a holistic treatment program that strengthens the immune system on all levels. Dr. B currently resides in Hawaii, where he runs a thriving clinic and house call practice that provides acupuncture treatments, dietary consultations, and other holistic therapies to clients throughout the Hawaiian Islands. In addition to his in-person practice, Dr. Basko also provides phone consultations to clients worldwide. You can learn more about him at DrBasko.com

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