

Youth League Football: Coaching and **Playing**

By Tom Flores, Bob O'Connor



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The text presents drills and coaching suggestions for every position on the field while emphasizing that youth football's main objective is fun. Safety, agility, line stance and pass rush fundamentals are also included.



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Youth League Football: Coaching and Playing By Tom Flores, Bob O'Connor Bibliography

Rank: #7434667 in BooksPublished on: 1993-09Original language: English

• Number of items: 1

• Dimensions: .41" h x 5.24" w x 8.27" l,

• Binding: Paperback

• 173 pages

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