



Strong Women, Soft Hearts: A Woman's Guide to Cultivating a Wise Heart and a Passionate Life

By Paula Rinehart

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Recently updated with an expanded study guide, *Strong Women, Soft Hearts* has quickly become an important study for women of all ages. Through inspiring real-life testimonies, Paula Rinehart writes as both a kindred spirit and a compassionate counselor to women feeling robbed of their passions and trapped by life's disappointing realities. Women who long to be released from the burden of hard choices and perpetually empty souls will be empowered to rediscover dreams long lost and refocus energy misguided. *Strong Women, Soft Hearts* cries out for women to embrace passion and approach life as something to be lived, not merely survived.

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Editorial Review

About the Author

Paula Rinehart is the author of Strong Women, Soft Hearts; Better Than My Dreams; and What's He Really Thinking? As a professional Christian counselor, she divides her time between counseling, writing and speaking to women's groups nationally and internationally. She and her husband have two grown children and live in Raleigh, North Carolina.

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