



The Voice Dialogue Facilitator's Handbook, Part 1: A Step-by-Step Guide to Working with the Aware Ego

By *Miriam Dyak*

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The first textbook written for learning Voice Dialogue facilitation, a method for working with consciousness created by Drs. Hal and Sidra Stone, authors of "Embracing Our Selves," "Embracing Each Other," "Embracing Your Inner Critic," and "The Shadow King." This Handbook is designed to make Voice Dialogue facilitation easy and rewarding. Every part of a Voice Dialogue session is described in detail with lots of sample facilitations that explore the energetic dynamics between a facilitator and his/her client.

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