



Megaliving! : 30 Days to a Perfect Life: The Ultimate Action Plan for Total Mastery of Your Mind, Body & Character

By Robin S. Sharma

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Publication Date: July 1995 From leading CEOs, elite athletes and wildly successful entrepreneurs in the West to learned philosophers and wise sages living high in the Himalayan Mountains of the East, Robin Sharma searched for peak performers who had created lives filled with prosperity, passion and peace. This CD is a inspirational yet enormously practical program on megaliving. Robin Sharma, one of the planet's leading success coaches shows you to create a truly extraordinary life.

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Editorial Review

Review

For over 10 years the author has studied the success strategies of people leading unusually satisfying lives: he's culled their routines and stories into a 30-day program which promote lifelong success. These focus on everything from building lasting relationships to erasing worries and understanding the connections between body and mind. -- *Midwest Book Review*

Users Review

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