



## It's Okay to Laugh: (Crying Is Cool Too)

By Nora McInerny Purmort

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**It's Okay to Laugh: (Crying Is Cool Too)** By Nora McInerny Purmort

**“This story will compel you to both laugh and cry, just as the title promises. May we all bring Nora’s honesty, passion and hope to our lives.” — Lena Dunham**

comedy = tragedy + time/rosé

Twenty-seven-year-old Nora McInerny Purmort bounced from boyfriend to dopey “boyfriend” until she met Aaron—a charismatic art director and comic-book nerd who once made Nora laugh so hard she pulled a muscle. When Aaron was diagnosed with a rare form of brain cancer, they refused to let it limit their love. They got engaged on Aaron’s hospital bed and had a baby boy while he was on chemo. In the period that followed, Nora and Aaron packed fifty years of marriage into the three they got, spending their time on what really matters: Buffy the Vampire Slayer, each other, and Beyoncé. A few months later, Aaron died in Nora’s arms. The obituary they wrote during Aaron’s hospice care revealing his true identity as Spider-Man touched the nation. With *It’s Okay to Laugh*, Nora puts a young, fresh twist on the subjects of mortality and resilience. What does it actually mean to live your “one wild and precious life” to the fullest? How can a joyful marriage contain more sickness than health? How do you keep going when life kicks you in the junk? In this deeply felt and deeply funny memoir, Nora gives her readers a true gift—permission to struggle, permission to laugh, permission to tell the truth and know that everything will be okay. *It’s Okay to Laugh* is a love letter to life, in all its messy glory; it reads like a conversation with a close friend, and leaves a trail of glitter in its wake.

This book is for people who have been through some shit.

This is for people who aren’t sure if they’re saying or doing the right thing (you’re not, but nobody is). This is for people who had their life turned upside down and just learned to live that way. For people who have laughed at a funeral or cried in a grocery store. This is for everyone who wondered what exactly they’re supposed to be doing with their one wild and precious life. I don’t actually have the answer, but if you find out, will you text me?

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## **It's Okay to Laugh: (Crying Is Cool Too) By Nora McInerny Purmort Bibliography**

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**Editorial Review**

Review

“This story will compel you to both laugh and cry, just as the title promises. May we all bring Nora’s honesty, passion and hope to our lives.” (**Lena Dunham**)

“An emotional rollercoaster of the highest order...*It's Okay to Laugh* is that rare gem of a read, equal parts heartwarming and hysterical, that’ll make you laugh out loud, only to leave you tearing up a few pages later. I can’t recommend it highly enough.” (**Lincoln Thompson, BuzzFeed**)

“Deeply moving yet refreshingly funny” (**PopSugar**)

“This gorgeous and insightful memoir holds up the lens to mortality and leaves us with a reminder to make every moment count and value what is truly precious: time-and laughter.” (**Refinery29**)

“*It's Okay to Laugh* is...an unapologetic tale of heartbreak and loss that is devoid of platitudes. I found myself laughing through my tears, but that’s the real experience of profound mourning, and she nails it.” (**Rebecca Soffer, writer, Modern Loss co-founder**)

“Nora is Anne Lamott for the emoji generation...one of the best books you’ll read this year.” (**MSP Magazine**)

“A natural storyteller, Nora’s words will make you laugh and cry all in the same paragraph. She transforms what would be a heart-breaking memoir into a life-affirming anthem.” (**David Gallaher, author of *The Only Living Boy Series***)

“It is funny, and it is sad, and it is real, and if you’ve ever been through anything in your life...you are going to love this book.” (**Jennifer Weiner, New York Times Bestselling author of *Who Do You Love***)

From the Back Cover

comedy = tragedy + time/rosé

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About the Author

**Nora McInerny Purnort** is the creator of a blog called *My Husband's Tumor* (listed on Tumblr's "Big in 2014" list) and cocreator of her son Ralph, who she is currently raising to avenge his father's untimely death. Nora has been published in the *Washington Post*, *Glamour UK*, *USA Today*, and *Huffington Post*. She has also appeared on the *Today* show and *All Things Considered*. Find her on Twitter and Instagram @noraborealis, and visit MyHusbandsTumor.com.

## Users Review

**From reader reviews:**

**Bonnie Boyd:**

As people who live in the actual modest era should be upgrade about what going on or details even knowledge to make them keep up with the era which can be always change and move ahead. Some of you maybe will update themselves by reading books. It is a good choice for yourself but the problems coming to you actually is you don't know what one you should start with. This *It's Okay to Laugh: (Crying Is Cool Too)* is our recommendation to cause you to keep up with the world. Why, because this book serves what you want and wish in this era.

**Connie Curtis:**

The e-book untitled *It's Okay to Laugh: (Crying Is Cool Too)* is the e-book that recommended to you to study. You can see the quality of the guide content that will be shown to you. The language that article author use to explained their way of doing something is easily to understand. The article writer was did a lot of study when write the book, to ensure the information that they share to your account is absolutely accurate. You also can get the e-book of *It's Okay to Laugh: (Crying Is Cool Too)* from the publisher to make you far more enjoy free time.

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