



60 Hikes within 60 Miles: St. Louis (60 Hikes - Menasha Ridge)

By Steve Henry

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60 Hikes within 60 Miles: St. Louis (60 Hikes - Menasha Ridge) By Steve Henry

Mention St. Louis and most people think of the famous arch. Residents and visitors-in-the-know appreciate the many outdoor recreational opportunities the Gateway to the West has to offer. *60 Hikes Within 60 Miles: St. Louis* points hikers to the best outdoor trails and rambles within easy reach of the city. Whether walking in the footsteps of Louis and Clark, exploring amazing rock formations in the Pickle Springs Natural Area, or trekking along a portion of the longest rails-to-trails path in the U.S., hikers are sure to be amazed at the diversity of outdoor experiences awaiting them. The included hikes are located in Missouri as well as its neighbor, Illinois.

Consult the author's recommendations for special interest hikes--short hikes, long hikes, hikes for kids, urban hikes, rural hikes, wildlife hikes, historic hikes, and more. When readers make their choices, each of the 60 hike profiles provides essential details on length, hiking time, difficulty, configuration, scenery, exposure, solitude, trail surface, and accessibility. The author also includes personal notes on the hike, a detailed hike map, and clear directions to the trailhead. There's even a section describing places to buy maps and gear, as well as info on nearby hiking clubs and events.

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Editorial Review

Review

...a perfect travel planning resource...a superbly presented and organized walker's guidebook. -- *Library Bookwatch, July, 2003*

From the Back Cover

Trailblazers scour the earth for the best places to explore, and yet they often overlook their own backyards. *60 Hikes within 60 Miles: St. Louis* blows the lid off the myth that you can't have a great hike close to home. St. Louis area may be an ever-expanding metropolis, but there are still plenty of super hiking opportunities: short hikes, long hikes, hikes for kids, urban hikes, rural hikes, wildlife hikes, historic hikes, and many others.

Whether you live in St. Louis County, St. Charles County, or anywhere along the periphery, this guide provides the information necessary for you to choose the perfect day hike, including maps, directions, trail lengths, hiking times, and a wealth of detail about the trail itself. So lace up those boots, sling that pack, and hit the trail!

About the Author

After a seven-year sentence working for an insurance company, **Steve Henry** left to cycle across the continent twice. Currently he organizes triathalons, leads cycle and backpack tours, and writes for a local cycling publication. The author of *Mountain Bike! The Ozarks* and *The Best in Tent Camping: The Ozarks*, Henry currently lives in Smolan, Kansas.

Users Review

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